

Sweet but Psycho



Artist: Ava Max
Choreo: Monika Balon-Burger & Yvonne Burger,
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taught at: Spring Jamboree 2023 in Kuchen

Level: Intermediate
time: 3:07
bpm: 133

start with left foot when singing starts
Sequence: **Intro A B C A B C D C**

Intro 32 beats

Jazz ist anders S S(xif) S(ib) S(ots) R S S(xif) S(ib) S(ots)
L R L R L R L R L
1 2 3 4 & 5 6 7 8

Basketball Turn S(if) PVT (1/2 L) S DS RS
& Basic R PVT L R LR
1 & 2 &1 &2

Mountain Pull DS BA(xif) BA(xib) BA(ots) H(ots/w) FLP S(ib)
mod. L R L R L R L R
&1 & 2 & 3 & 4

repeat all above

Part A 32 beats

Easy Slider DS DR S(xif) R(ots) S(xib)/BRK SLR S(ots) RS DS DS RS
L L R L R L L L RL R L RL
&1 & 2 & 3 & 4 &5 &6 &7 &8

Karate Rock DS KK (1/2 R) H RS KK UP/H
R L R LR L L R
&1 & 2 &3 & 4

Heel Walk DS DS H(w) H(w) RS
L R L R LR
&1 &2 & 3 &4

repeat all above

Part B 32 beats

Sweet DS DR S(xif) RS DS R H(w/ots) SLR S(ib) DS RS
L L R LR L R L R R L RL
R R L RL R L R L L R LR
&1 & 2 &3 &4 & 5 & 6 &7 &8

2 Psycho S SL RS S DS
R R LR L R
L L RL R L
1 & 2& 3 &4

repeat all above with opposite footwork

Sweet but PSYCHO



Part C

64 beats

Joel's Lasso
DS DS DS KK UP/H RS KK UP/H RS RS
L R L R R L RL R R L RL RL
&1 &2 &3 & 4 &5 & 6 &7 &8

Slur Basic DS SLR S(xib) DS RS **turn 1/2 L on &2**
R L L R LR
&1 & 2 &3 &4

Mountain Pull mod. DS BA(xif) BA(xib) BA(ots) H(ots/w) FLP S(ib)
L R L R L R
&1 & 2 & 3 & 4

repeat all above, then add

Turning Vine DS DS(xif) DS DS DS DS DS RS **full turn R on beat 4-6**
L R L R L R RL
&1 &2 &3 &4 &5 &6 &7 &8

2 Basic Kick DS KK UP/H
R L L R
L R R L
&1 & 2

Beginner Triple S S S RS **move right and turn full on 1-3**
R L R LR
1 2 3 &4

then add Joel's Lasso, Slur Basic (no turn) and Mountain Pull mod.

Part D

48 beats

Mountain Basic STO DT UP/H DS RS
L R R L R LR
R L L R L RL
1 & 2 &3 &4

Rock Jazz Box RS S(xif) S(ib) S(ots)
LR L R L
RL R L R
1 2 3 4

repeat all above with opposite footwork, then add

Around the World DS DT(xif) H DT(unx) H RS
L R L R L RL
R L R L R LR
&1 & 2 & 3 &4

Eric DS DT(b) H R H(w) RS
R L R L R LR
L R L R L RL
&1 & 2 & 3 &4

Charleston DS TCH(if) H T(ib) H RS
L R L R R LR
R L R L L RL
&1 & 2 & 3 &4

Outhouse DS TCH(ots) H TCH(xif) H TCH(ots) H
L R L R L R L
R L R L R L R
&1 & 2 & 3 & 4

repeat Around the World, Eric, Charleston and Outhouse with opposite footwork

Sweet but Psycho (Ava Max)		INT
M.Balon-Burger;Y.Burger (Spring Jamboree 2023, Kuchen, BB)		133 bpm
(V:26.02.2023)		3:07
	start with left foot when singing starts	
Part	Steps	beats
Intro	2x [Jazz i.a. - Basketball T.(1/2 L) & Basic - Mountain Pull mod.]	2x 16
A	2x [Easy Silder - Karate Rock(1/2R) - Heel Walk]	2x 16
B	2x [Sweet - 2 Psycho](of)	2x 16
C	2x [Joel´s Lasso - Slur Basic(1/2 L) - Mountain Pull mod.]	2x 16
	Turning Vine - 2 Basic KK - Beginner Triple (move & full turn R)	16
	Joel´s Lasso - Slur Basic(no turn) - Mountain Pull mod.	16
A	2x [Easy Silder - Karate Rock(1/2R) - Heel Walk]	2x 16
B	2x [Sweet - 2 Psycho](of)	2x 16
C	2x [Joel´s Lasso - Slur Basic(1/2 L) - Mountain Pull mod.]	2x 16
	Turning Vine - 2 Basic KK - Beginner Triple (move & full turn R)	16
	Joel´s Lasso - Slur Basic(no turn) - Mountain Pull mod.	16
D	2x [Mountain Basic - Rock Jazz Box](of)	2x 8
	2x [Around The World - Eric - Charleston - Outhouse](of)	2x 16
C	2x [Joel´s Lasso - Slur Basic(1/2 L) - Mountain Pull mod.]	2x 16
	Turning Vine - 2 Basic KK - Beginner Triple (move & full turn R)	16
	Joel´s Lasso - Slur Basic(no turn) - Mountain Pull mod.	16

Jazz ist anders	S S(xif) S(ib) S(ots) RS S(xif) S(ib) S(ots)
Mountain Pull mod.	DS BA(xif) BA(xib) BA(ots) H(ots/w) FLP S(ib) L R L R L L R &1 & 2 & 3 & 4
Easy Slider	DS DR S(xif) R(ots) S(xib)/BRK SLR S(ots) RS DS DS RS L L R L R L L L RL R L RL &1 & 2 & 3 & 4 &5 &6 &7 &8
Sweet	DS DR S(xif) RS DS R H(w/ots) SLR S(ib) DS RS L L R LR L R L R R L RL R R L RL R L R L L R LR &1 & 2 &3 &4 & 5 & 6 &7 &8
Psycho	S SL BA BA S DS R R L R L R L L R L R L 1 & 2 & 3 &4
Joel´s Lasso	DS DS DS KK UP/H RS KK UP/H RS RS
Rock Jazz Box	RS S(xif) S(ib) S(ots)
Around the World	DS DT(xif) H DT(unx) H RS